

## Section Five

# Content Outline

### CST REFERENCE LIST

The Certification Examination Reference Lists contain the texts used to develop the questions for the certification examinations. The CST Examination Review Committee uses the most current edition of each text listed for reference when creating examination questions.

New editions of each text may be published after the Candidate Handbook is printed. Candidates need to be sure they utilize the most recent edition of each text. Candidates may find the texts at libraries, bookstores or on the internet.

### CST EXAMINATION RECOMMENDED REFERENCES

The most current editions of the books listed below are used for reference by the NBSTSA and the CST-ERC.

#### SURGERY

- Alexander's Care of the Patient in Surgery, 2011, 14th Edition, Jane C. Rothrock  
ISBN# 0323069169
- Surgical Technology: Principles and Practice, 2013, 6th Edition, Joanna Kotcher Fuller  
ISBN# 9781455725069
- Surgical Technology for the Surgical Technologist: A Positive Care Approach, 2013, 4th Edition, Kevin Frey  
ISBN# 9781111037567

#### A&P

- Recommended Addition: Principles of Anatomy and Physiology, 2012, 13th Edition, Tortora  
ISBN# 0470565101

#### PHARMACOLOGY

- Pharmacology for the Surgical Technologist – 2011, 3rd Edition, Snyder & Keegan  
ISBN# 1437710026

#### REFERENCE

- Taber's Cyclopedic Medical Dictionary, 2013, 22nd Edition, F.A. Davis  
ISBN# 9780803629776

### MISC/INSTRUMENTATION

- Surgical Instrumentation: 2010, 1st Edition – Phillips  
ISBN# 1401832970
- AST Guidelines for Best Practices in Surgical Technology  
[www.ast.org/AboutUs/Position\\_Statements](http://www.ast.org/AboutUs/Position_Statements)
- American Heart Association – CPR Guidelines  
[www.heart.org](http://www.heart.org)

### STUDY TIPS

- 1. Learn about the examination by reviewing your candidate handbook:** This candidate handbook contains a content area outline, recommended reference list and sample questions.
- 2. Examination content area outline:** Familiarize yourself with each subject listed in the outline, all of these items may appear on the examination.
- 3. Recommended reference list:** These references were used to create the examination questions. Cross reference the content outline with these materials.
- 4. Practice:** The NBSTSA offers Practice Examinations online at [nbstsa.org](http://nbstsa.org). Candidates can print this to continue to study from and will receive analysis of individual questions and overall performance.
- 5. Go mobile:** The NBSTSA offers a mobile study app supported by Apple and Android devices. Study over 300 questions on the go!  
*\*App offers the same questions as the Practice Examinations.*
- 6. Evaluate:** Complete the Examination Study Evaluation on [nbstsa.org](http://nbstsa.org) to find out what areas of the examination you need to focus your study attention.
- 7. Connect:** Like us on Facebook and connect with other candidates and CSTs and find out what did and didn't work for them when taking the examination. Find people in your area and create a study group!